



## Waggin' for Dragons Rules and Regulations

1. All dragon boat participants must wear an approved PFD at all times when practicing or racing. No exceptions.
2. All dragon boat participants must sign a waiver of liability before taking part in any dragon boat activity associated with 22Dragons, Waggin' for Dragons or the Humane Society of Warren County. **It is the captain's responsibility to ensure that all members of his/her crew have signed a waiver.**
3. A certified level 1 coach or equivalent (provided by 22Dragons) must be present with a crew at all times during a crew's practice or race.
4. The coach is the sole authority in the boat. He/she is to be respected at all times and will have final say on any matters concerning the safety and well being of the crew while a practice is underway.
5. Participants are responsible for the proper care of the site and all 22Dragons equipment in their possession.
6. It is expected that all participants conduct themselves in a sportsmanlike and respectful manner towards others whenever participating in any dragon boat activity associated with 22Dragons, Waggin' for Dragons and the Humane Society of Warren County.
7. Individuals or teams who fail to adhere to the above rules may face disciplinary action including have their paddling privileges revoked without refund.